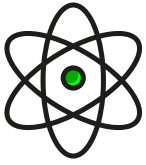


Primary Eye Care ATOMS

Name of country here **2022**



Place country flag here



Place country map here



Arclight Project

1 VISION ATOMS

Primary Eye Care V1 10/22

Diseases are spread by filth & flies
> avoid or kill & sanitise

Dull eyes/measles/underfed?
> eat **coloured fruit & good bread**

All corneal ulcers can blind
> treat **urgently to be kind** N5

WHO

University of St Andrews Arclight Project

Loss of Vision

GRADUAL, months

DISTANCE > distance glasses
cataract, glaucoma, DR, cornea

NEAR > reading glasses
+1.5, 2.0, 2.5, 3.0

SUDDEN, days blanch, haze, abrasion
red eye, trauma/chemical, cornea, back of eye > hospital

irrigate 30 mins

guide the blind

	Young	Old	Low Vis	Blind
	6/6	6/12	6/18	3/60

5 PUPIL

EQUAL R <> L

NO reaction > hospital child **Urgent**

Sleep/Eat Move/Think Sun WELL

REACTS

Fundal Reflex **know the glow**

BLACK **ROUND**

CATARACT/RB poor vision > hospital

GLAUCOMA oval, pain+++ > **Urgent**

Normal orange-red to blue-white

RB BV+patchy yellow/white

Cataract dark

2 LIDS

WATERY (white) eye loose lids, tight ducts

NO RUB+CLEAN

Turn IN **Turn OUT**

TRACHOMA > evert 0.5mm lumps > ABx

Stye/Cyst > hygiene

Blisters pain+++ > antiviral hospital

Yellow > general health

Pox > varnish

Crusty > hygiene

Lice > jelly

Lash in +cornea > remove

Any 'angry' mass > hospital

SWOLLEN pain+++ > **Urgent**

warm compress

3/3

dog the top 81940 471776 N8

and moon bird 2031 141066 N5

3/6

3/30

3 EYE

clean+ABx pad/shield

RED Eyes

Baby swollen+ pus

3mth+ itchy/watery

> CLEAN ABx Fever > ABx tablets

> CLEAN ABx/allergy same 3day > hospital

DULL Eyes ANY odd look

Xero, measles, diarrhoea > **Vit A+good food**

EYES STRAIGHT/FOLLOW FACES

IN **OUT** > glasses

2 4 6 8 10 12

1 3 5 7 9 11

4 CORNEA

CLEAR+WET

instil drops +ointment

> NaFl

debris

old scar

abrasion

STAIN+IDENTIFY

BRANCH/DOTS > antiviral, hospital

ROUND pain+++ > ABx

JAGGED swollen > antifungal

EDGE or TOP > hospital

Fundal Reflex

Normal

Colour/Brightness difference

Dark patch

No reflex

> dim room+arms-length compare eyes **brightness, colour, shape, reflections** birth, 6wk, routine visits, any concerns