

CLINICAL INTERACTIONS COURSE (CLIC)

STUDENT GUIDE – YEARS 1 and 2

WHAT IS CLIC?

1. CLIC is the ScotGEM clinical interactions course and will give you the building blocks you will need for many of your interactions with patients.

Key features of CLIC:

- a. The CLIC course has the community at its centre. The design of the CLIC course has taken account of both the unique educational setting and opportunities for learning you will have on this innovative medical course, preparing you to learn and contribute to the community.
- b. Integration of communication, physical examinations and procedural skills: You will learn these together, in an integrated way so that you can begin to apply the skills immediately.
- c. Autonomy enhancing: You will need to have the skills and confidence to recognize and seize opportunities available to you, so autonomy enhancing teaching principles (treating you as an adult learner) is important. Being an adult learner means being more motivated, self-directed and seeking practical impact from knowledge and skills gained, as well as partnering with the CLIC team in meeting your learning needs.
- d. Community of practice - ensuring that very early in your course you can become a 'useful pair of hands' rather than being a passive consumer of learning/ information.
- e. Curation: Both medical schools have excellent resources - the CLIC course will be tapping into the excellence of both St Andrews and Dundee to bring you the 'best of both'. This means that sometimes you will see resources from either parent institutions or ScotGEM. Both of the parent institutions may also adopt ScotGEM resources into their programmes.

THE CLIC APPROACH TO LEARNING

2. As adult learners you will already have study skills, research skills and self-direction. We know that individuals achieve more in terms of deep learning, and satisfaction with learning if they are self-regulated, and have high levels of self-efficacy. These characteristics appear to be important predictors for academic success, persistence, life-long learning and wellbeing. Also learners who experience an autonomy enhancing curriculum, are more likely to partner *with* their patients to achieve better health outcomes. This course recognises the importance of frequent formative feedback. We will prioritise our contact time with you to give you honest, helpful, practical feedback on your skills. We think this is best use of teacher time, rather than delivery of information, which you can find in textbooks or online. We want you to feel that you belong in this learning community and that you feel safe to contribute, rehearse, and be active team contributors able to bring your own professional and life skills.

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a. **How will learning be delivered?** In Year 1 there will be once weekly CLIC sessions held in the St Andrews Clinical Skills Suite. In Year 2 CLIC sessions will be held in clinical skills suites in either University of St Andrews, Dumfries and Galloway Royal Infirmary or the Health Sciences Centre at Raigmore. There will be a range of models, mannequins and simulated, real and expert patients. You will do preparatory material based around the CBL case of the week before each session (from week 1). When you come to your CLIC session, normally, on Tuesday afternoon from 2-5pm (Year 1) or 9.30-12.30am (Year 2), you will work in your group, facilitated by GCMs, clinical skills staff, and other specialists. You will engage in role-play, simulated consultations and peer practice with feedback. There will be opportunities for you to consolidate your physical examination, communications and procedural skills on your GCM practice days. Preparatory material will be available to you in advance of every session via Solas. You are expected to complete this before every practical session. The main textbooks recommended for CLIC are Macleod's Clinical Examination, 14th Edition and Clinical Communication Skills for Medicine by Lloyd, Bor and Noble, 4th Edition- both available from the University library, but you will use these texts frequently throughout your course you may consider buying your own copy. (Previous editions are available as eBooks via the library and will be updated to the current editions when released by the publishers).

b. **What will I learn?** A student study guide will be provided for each session and will include preparatory material such as book chapter references, video to view etc. It will also include the specific learning outcomes for each session and a range of checklists to help with further practice of the skills.

c. **How will I be tested?** The practical skills you will learn in CLIC and in clinical practice will be assessed both as part of your Portfolio using examples of DOPS (Direct Observation of Procedural Skills) and in an OSCE (Objective Structured Clinical Examination). The OSCE will be a practical exam where you will move through a number of stations and be observed doing a range of consultations. The length of each station and the number of stations will depend on your year of study. In Year 1 there will be a formative 4 station ASSESS (Domain scored) OSCE at the mid-point, and a 16 station summative ASSESS OSCE at the end of the academic year. In year 2 there will be a 16 station OSCE at the end of the year. Domain scoring means we will be looking at all of the aspects of your consultations which are important and include your communication, safe practice, skilfulness as well as correctly performing any physical examination or procedure. For example you might be asked to take a history and perform an appropriate examination of a patient who has abdominal pain after you have been given some specific information. The ASSESS grid which will be used, will be available during teaching so you can work on your own progress and development. You should also be aware of the detailed regulations for examinations in the ScotGEM/ Medical School handbook. [<http://medhandbook.st-andrews.ac.uk/blog/exam-process/>]

POLICIES, REGULATIONS AND GUIDANCE TO BE AWARE OF.

3. There are a number of policies and documents you should be aware of and are contained in the School of Medicine/ScotGEM handbook.

a. Needle stick injury policy: http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2014/05/infrastructure_safety_sharps-policy.pdf

b. Sharps Policy <http://medhandbook.st-andrews.ac.uk/wp->

- c. NHS Dress code <http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2014/05/NHS-Fife-Dress-Code-for-medical-students-in-placements-2018.pdf>
- d. Raising concerns <http://medhandbook.st-andrews.ac.uk/blog/raising-concerns/>
- e. Absence Procedure <http://medhandbook.st-andrews.ac.uk/blog/sickness-absence/>
- f. Lapse in Professionalism/Yellow Card Policy: http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2014/05/students_professionalism_yellow-card.pdf
- g. Confidentiality: http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2018/06/Students_professionalism_ScotGEM-student-contract.pdf

POLICIES, REGULATIONS SPECIFIC TO SCOTGEM (MBChB) COURSE.

4. There are a number of policies and documents you should be aware of and are contained in the School of Medicine/ScotGEM handbook.http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2014/05/Infrastructure_safety_ScotGEM-venapuncture.pdf
- a. Mobile Phone Use <http://medhandbook.st-andrews.ac.uk/?s=mobile+phone+use>
 - b. Peer Physical Examination: http://medhandbook.st-andrews.ac.uk/wp-content/uploads/sites/27/2018/08/UG-teaching_ScotGEM_Peer-examination.pdf
 - c. OSCE Code of Conduct:: http://medinternal.st-andrews.ac.uk/School%20Handbook%20Documents/UG%20Teaching/UG%20teaching_assessment_OSCE%20process.pdf

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